Weekly Programme

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
MORNING Vormittag				08.00-09.00			
				Vinyasa Flow Yoga		08.00-13.00	
				viiiyasa riovv roga		Local Market Salò	
		9.00-10.00		Meeting Point: Yoga Room lev 1 next to Creavista		3410	
		Dynamic Power		Language: ITA/EN		Meeting Point: Piazzale Pedrazzi Salò	
				Cost: free		****	
		Meeting Point: Yoga Room lev 1 next to		Booking: Spa Reception or by		09.00-17.00	
		Creavista		calling 772		2. Saturday of the month	
		Language: ITA/EN				Vintage Market	
		Cost: free		09.00-12.30			
		Booking: Spa Reception or by calling 772		E-Bike Tour Gardone Riviera		Meeting Point: Piazzale Centro Commerciale Salò 2	
				Meeting Point: KM Sport Gardone Riviera			
AFTERNOON Nachmittag	18.30-19.30				16.00-17.00		17.00-18.00
	Ashtanga Yoga				Cocktail Masterclass		Wine Tasting
	Meeting Point: Yoga Room lev 1 next to Creavista	17.00-18.00	17.00-18.00	16.00-17.00			
		Wine Tasting	Wine Tasting	Cocktail Masterclass	Meeting Point: Lobby Bar		Meeting Point: Enoteca near Lobby Bar
	Language: ITA/EN Cost: free Booking: Spa Reception or by	Meeting Point: Enoteca near Lobby Bar	Meeting Point: Enoteca near Lobby Bar	Meeting Point: Lobby Bar	Reservation at the Reception at least 24 hours in advance price from 65€ to 85 p.p		Reservation at the Reception least 24 hours in advance price from 65€ to 85 p.p
	• • • • • • • • • • • • • • • • • • •	Reservation at the Reception	Reservation at the Reception	Reservation at the Reception at least 24 hours in advance	*****		*****
	17.00-18.00	at least 24 hours in advance price from 65€ to 85 p.p	at least 24 hours in advance price from 65€ to 85 p.p	price from 65€ to 85 p.p	18.00		18.00
	Wine Tasting						10.00
	Meeting Point: Enoteca near Lobby Bar				Aufguss		Aufguss
	Reservation at the Reception at least 24 hours in advance From 65€ to 85€ p.p						
EVENING t the Lobby Bar					20:30 – 22:30 Uhr Live Musik	20:30 – 22:30 Uhr Live Musik	