

Weekly Programme

	Monday Montag	Tuesday Dienstag	Wednesday Mittwoch	Thursday Donnerstag	Friday Freitag	Saturday Samstag	Sunday Sonntag
MORNING Vormittag		9.00-10.00 Dynamic Power Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772		08.00-09.00 Vinyasa Flow Yoga Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772 ***** 09.00-12.30 E-Bike Tour Gardone Riviera Meeting Point: KM Sport Gardone Riviera		08.00-13.00 Local Market Salò Meeting Point: Piazzale Pedrazzi Salò ***** 09.00-17.00 2. Saturday of the month Vintage Market Meeting Point: Piazzale Centro Commerciale Salò 2	
AFTERNOON Nachmittag	18.30-19.30 Ashtanga Yoga Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772	17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Reception at least 24 hours in advance price from 65€ to 85 p.p	17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Reception at least 24 hours in advance price from 65€ to 85 p.p	16.00-17.00 Cocktail Masterclass Meeting Point: Lobby Bar Reservation at the Reception at least 24 hours in advance price from 65€ to 85 p.p	16.00-17.00 Cocktail Masterclass Meeting Point: Lobby Bar Reservation at the Reception at least 24 hours in advance price from 65€ to 85 p.p ***** 18.00 Aufguss		17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Receptionat least 24 hours in advance price from 65€ to 85 p.p ***** 18.00 Aufguss
Evening at the Lobby Bar					20:30 – 22:30 Uhr Live Musik	20:30 – 22:30 Uhr Live Musik	